

Pearl Scott

Widowed

"I SOMETIMES GO DAYS WITHOUT SPEAKING TO ANYONE, I WANT THAT TO CHANGE."

OBJECTIVES

Increase socialisation in the elderly. Help them meet new people who are in similar positions to them to reduce loneliness without them asking for help. Create and make aware of events suitable for the elderly in which they can attend and socialise at. Give them confidence and empowerment to still socialise

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without having to ask for help.

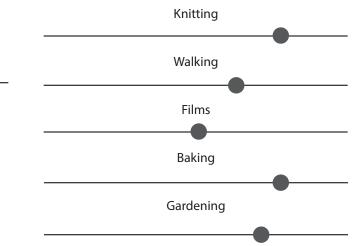
Show events suitable to their hobbies in their area, show other members which are attending and have a comments section where they can converse about the events. Allow members to create their own events such as cinema evening, knitting class etc. which other members can attend. Easily accessible integrated Google Maps which can show routes and public transport to each event.

Forum page where members can ask questions, opinions, share photographs of events they have attended to encourage more members, ask for help etc.

Calendar section to remind you of events, pill reminders, doctors' appointments etc. and notifications when an event is due.

Be available on website and apps suitable for phones and tablets.





BACKGROUND

I worked in a sewing factory back in my day, I have been retired 28 years and have not achieved a lot in this time. My husband died 8 years ago and ever since I have lived alone, I recently downsized to a bungalow as it was easier to maintain. I have two sons who help as much as they can around the house however have their own family to take care of. I have one grandchild who lives away at University so keep in contact over the phone and two grandchildren who are aged 6 and 8, I receive photographs of their activities.

I enjoy gardening, I grow vegetables and flowers in my garden, I always surround my house in flowers they make the room brighter. I have always enjoyed sewing and knitting, I have knitted wool jumpers for all of my family which they wear every Christmas.

I would like to remain active, I walk everywhere I can and would love to join a walking group or try a new activity which can keep me active.

I don't have many friends, I sometimes look after my neighbour's dog and family members visit weekly. I speak to distant family over the phone every so often and when they visit they bring photographs with them I treasure photographs and fill albums and frames with them.

I am nervous about meeting new people, when people get to my age they don't make new friends and the one's they have slowly start dying off. We have our family however cannot rely on them as they have busy lives themselves. Friends are hard to make and I don't want to put anyone out to make them spend time with me. I would like to spend time with people doing hobbies which we have in common and bond over.